

2026 EDITION



# THE ARAFAH DU'A TOOLKIT

Maximizing the Greatest Day of the Year

## ★ THE SACRED HADITH

"There is no day on which Allah frees more people from the Fire than the Day of Arafah. He draws near, then boasts of them to His angels, saying: What do these people want?"

– SAHIH MUSLIM 1348

The Prophet ﷺ said:

"The best du'a is the du'a of the Day of Arafah."

– TIRMIDHI 3585

## WHAT'S INSIDE THIS TOOLKIT



### The Greatest Du'a of Arafah

Arabic, transliteration & meaning



### Personal Du'a Checklist

5 life categories



### The "Power Hour" Guide

Before Maghrib



### Adab of Du'a

Prophetic etiquette

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ يُعْزِزُ كُلَّ شَيْءٍ عَظِيمٍ

**TRANSLITERATION**

La ilaha ill-allahu, wahdahu la sharika lah,  
lahul-mulku wa la hul-hamdu,  
wa huwa 'ala kulli shay'in qadir.

**MEANING**


*"There is no god but Allah, alone, without any partner.  
His is the sovereignty, His is all praise,  
and He has power over all things."*

**WHY THIS DU'A?**

- ★ Best du'a of Arafah (*Tirmidhi*)
- ★ Affirms Tawhid – Allah's oneness, power, praise
- ★ Removes spiritual barriers
- ★ Anchor dhikr to repeat throughout the day

**HOW TO USE IT**

- 1 **Recite at least 100 times** throughout the day of Arafah
- 2 **Repeat between personal du'as** as your anchor dhikr

 **Day of Arafah – Tuesday, May 26, 2026.** Begin your du'a from Fajr and make your most powerful supplications in the final hour before Maghrib.

Use these categories as a guide. Be specific. Allah loves a du'a from the heart. Write your personal du'as before Arafah and bring your list with you.

**1 SPIRITUAL & PERSONAL GROWTH**

- Forgiveness (Tawbah) – ask for all sins, known and hidden
- Steadfastness – protection from doubts
- Protection from the Fire, Judgment & the grave
- Gratitude – name your blessings and thank Allah

**2 HEALTH & WELLBEING**

- Healing (Shifa) – name those who are ill
- Mental peace – relief from anxiety and grief
- 'Afiyah – total wellbeing: body, mind, and deen

**3 FAMILY & LEGACY**

- Parents – mercy, health, and forgiveness
- Children – protection and righteousness
- Spouse / Home – love (mawaddah) and mercy (rahmah)

**4 SUSTENANCE (RIZQ)**

- Barakah – blessings in what you have
- Halal income – independence from others
- Legacy – ongoing charity (sadaqah jariyah)

**5 THE GLOBAL UMMAH**

- Palestine & Gaza – peace and justice
- Sudan, Yemen & beyond – relief from hardship
- Unity of the Ummah – justice and strong leadership



## ADAB OF DU'A – THE PROPHETIC METHOD

- 1** Begin with praise of Allah and salawat on the Prophet ﷺ
- 2** Face the Qiblah and raise your hands
- 3** Be certain of acceptance – have husn al-dhann of Allah
- 4** Repeat your du'a three times
- 5** Ask big – no hesitation, no limits
- 6** Weep or soften your heart intentionally
- 7** Close with Ameen and salawat on the Prophet ﷺ



## ARAFAH "POWER HOUR" – ASR → MAGHRIB



### Disconnect

Remove all distractions



### Purify

Make fresh wudu



### Face Qiblah

Orient yourself toward Makkah



### Start with Praise

Praise Allah, then salawat



### Make Your Du'a

Detailed – no holding back



## FINAL REMINDER

"The merciful will be shown mercy by the Most Merciful..."

– TIRMIDHI 1924

Show mercy to others

Give charity – e.g., Qurbani