



# RAMADAN IN ACTION

Overview of Your Field Contribution

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# FIRST WEEK OVERVIEW



The first week of the campaign was marked by a **massive deployment** across multiple continents, aiming to secure food for the most vulnerable families before and during the first days of fasting.

From **emergency aid** in Gaza to large Iftars in Pakistan and Sudan, **the goal** was to **restore dignity** and alleviate hunger in contexts of acute crises or severe inflation.

## GLOBAL KEY FIGURES (WEEK 1):



### **TOTAL NUMBER OF DIRECT BENEFICIARIES:**

Over **188,000** people assisted across **13 countries**.



### **NUMBER OF HOT MEALS (IFTARS & EMERGENCIES):**

**177,500** meals distributed (Gaza, Sudan, Pakistan, Somalia).



### **FOOD PARCELS (FAMILY PACKS):**

**4,500** food parcels distributed for one month of sustenance.

# COUNTRY SPOTLIGHT: GAZA (PALESTINE)

*A race against time to provide daily hot meals.*

## HOT MEALS

Massive distribution of over **192,167** meals between **February 18 and 24**

→ Example - February 21:

**25,167** meals distributed in a single day in **Rimal, Khan Younis, and Gaza City.**

## FOOD PARCELS

**133 food parcels** distributed at the Jedar Al Motahben camp for **660 displaced persons.**

**Thursday Feb 26:** A voucher-based intervention was implemented at the Mawasi Al-Qarara market in southern Gaza, benefiting 50 orphaned children and their families. Each household received a voucher to directly purchase essential items (dry goods, fresh proteins, hygiene products) as well as some treats for the children.

## GRAND IFTARS

**3 Grand Iftars** were organized: the first, on the first day of Ramadan at Al Nuseirat camp **for 5,000** beneficiaries; the second on Feb 21 in Gaza City for **2,500 people**; and the third on Feb 22 in Northern Gaza (awaiting beneficiary data).



# COUNTRY SPOTLIGHT: SUDAN

*Food support for displaced populations for Ramadan.*

## HOT MEALS

A vital mobilization for families living in displacement camps, ensuring essential nutrition every day.

- **Roro & Al Gedaref:** Over **4,000 hot meals** distributed daily.
- **Impact:** More than **90,000 meals** already served since the operation began.
- **Priority:** Targeted support for persons with **disabilities, women, children, and families** affected by the conflict.

## RAMADAN SOLIDARITY

In Gedaref, we are providing beneficiary families food security for the entire month of Ramadan.

- **Distribution of packs:** Covering **3 localities** for displaced families and communities.
- **Essential content:** Each pack includes **oil, flour, sugar, lentils, dates, and other basic staples.**



# COUNTRY SPOTLIGHT: LEBANON

*Massive preparation of "Feed the Fasting" food parcels for the month of Ramadan.*

## PACKAGING CENTERS

Intensive mobilization of Human Appeal teams between February 10 and 16, 2026.

- **Saïda:** Packaging sessions on **February 10 and 12.**
- **Tubaya & Chehim:** Logistical preparation on **February 14, 15, and 16.**

## RAMADAN SOLIDARITY

A coordinated initiative to turn generosity into concrete aid for local communities.

- Packaging **thousands of food parcels** for the most vulnerable families to ensure nutritious meals.





## COUNTRY SPOTLIGHT:

# SENEGAL



*Vital aid in response to rising living costs for vulnerable families.*

### FOOD PACKS (FEBRUARY 18)

Mass distribution at the CNFA center in Rufisque on February 18, 2026, to support widows and low-income households.

- **370 food parcels** distributed to provide immediate relief. Targeting the **areas most affected** by food insecurity before Ramadan.

Another distribution at CNRA in Bambey for **100 households**.



### OBJECTIVE

Our work continues throughout the region to ensure broad humanitarian coverage.

**Target to reach across all of Dakar: 770 families.**

# COUNTRY SPOTLIGHT:

## PAKISTAN

*Reducing the burden of inflation on families experiencing poverty.*

### FOOD PACKS

(TOTAL: 1,600 FAMILIES)

- Faisalabad (Samundri): **500 families** (daily wage workers and widows).
- Rahim Yar Khan (Liaquatpur): **400 orphan families.**
- Other regions: **Kashmir (200), Murree (200), Lahore (150), and Taxila (150).**

### GRAND IFTARS

Three major events of **1,000 people each** in Basti Emaan, Liaquatpur, and Dadu.



# COUNTRY SPOTLIGHT: SYRIA

*Supporting resilience in Northwest Syria.*

## SYRIA (FEBRUARY 17–24)

**Monday Feb 16:** Distribution of food parcels in the rural areas of Idlib and Hama. **505 families** were supported in the district of Harem (Idlib) and **496 families** in rural Hama.

**Thursday Feb 19:** Grand Iftar at Al-Muttaqin Orphanage in the Addana region, bringing together **124 orphaned children**.

In rural Homs, our team organized a Grand Iftar gathering **1,000 beneficiaries**.

**Thursday Feb 19:** Distribution of hot meals. **435 meals** were distributed at Al-Zohoor Camp (Killi area) and an additional **315 meals** in several other camps in the region.

**Tuesday Feb 24:** Grand Iftar in Al-Zohoor village (Killi area), gathering nearly **400 beneficiaries**.



# COUNTRY SPOTLIGHT:

## MOROCCO

*Support after the earthquake in the Al Haouz region.*

### FOOD PARCELS (February 15)

Distribution of **1,000 food parcels** in Northwest Syria, supporting approximately **5,000 individuals**.

### COMMUNITY IFTAR IN TANGIER

In Tangier, Human Appeal organized a community **iftar for 200 beneficiaries**, the majority of whom were widows and orphans. This event marks the beginning of a series of **12 activities** planned during Ramadan.

In addition to a full hot meal to break the fast, the evening also featured spiritual moments and entertainment for children.

This provided families with an opportunity for sharing and comfort.



# COUNTRY SPOTLIGHT:

## YEMEN

*Food support for vulnerable families and patients in Yemen.*

### HOT MEALS

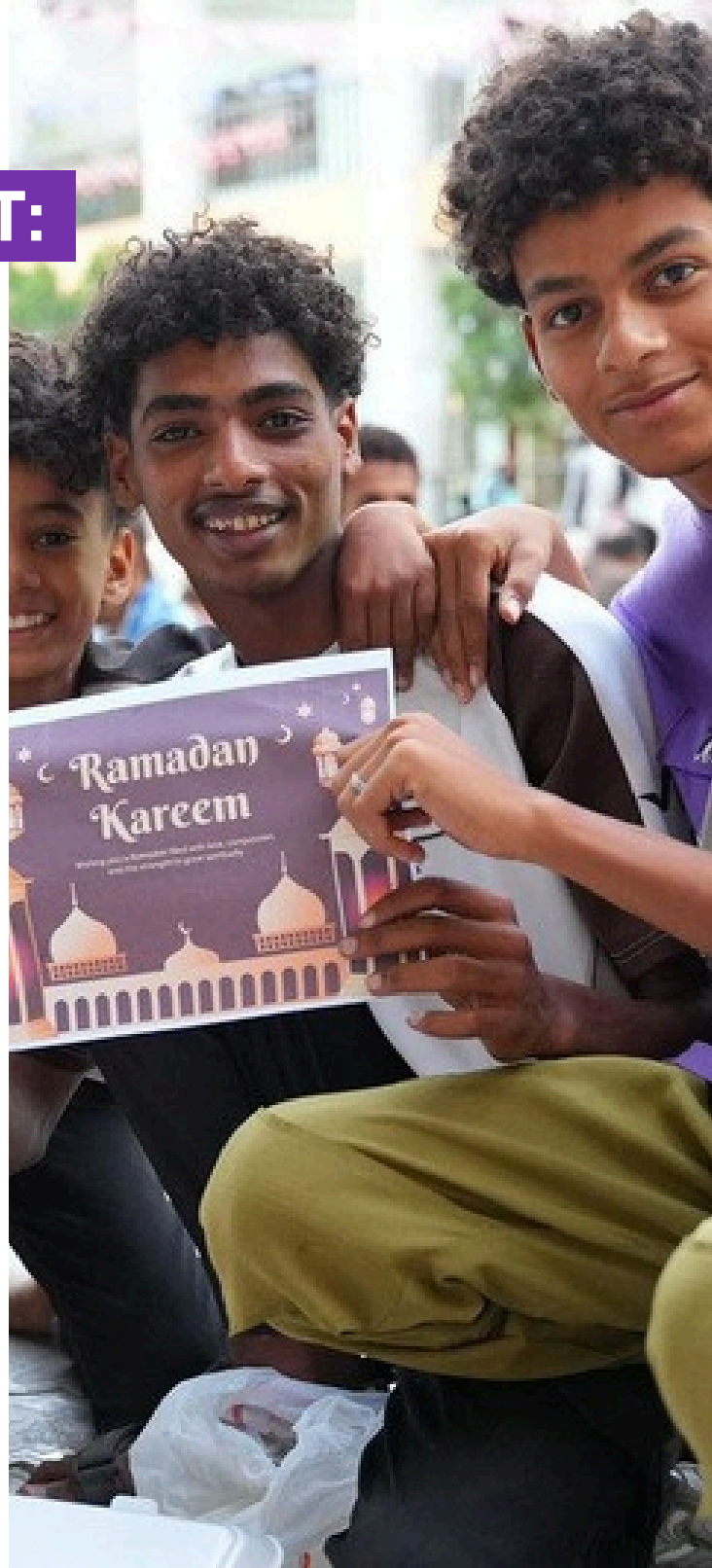
Hot Meal Distribution in Taiz

- From day 1 to day 4, **7,520 beneficiaries** received our assistance.
- Each day, **280 patients** (from the psychiatric and neurological hospital as well as the dialysis center at Al-Thawra Hospital) received complete meals.
- **400 families per day** also received food parcels sufficient for four people.

Our team organized a **Grand Iftar** at Omar Al-Mukhtar School in Aden, bringing together **2,266 beneficiaries** to share the meal.

### FOOD PARCELS

Distribution in Aden: A total of **577 food parcels** have been distributed to patients suffering from cancer or kidney failure, as well as individuals who are deaf and mute.

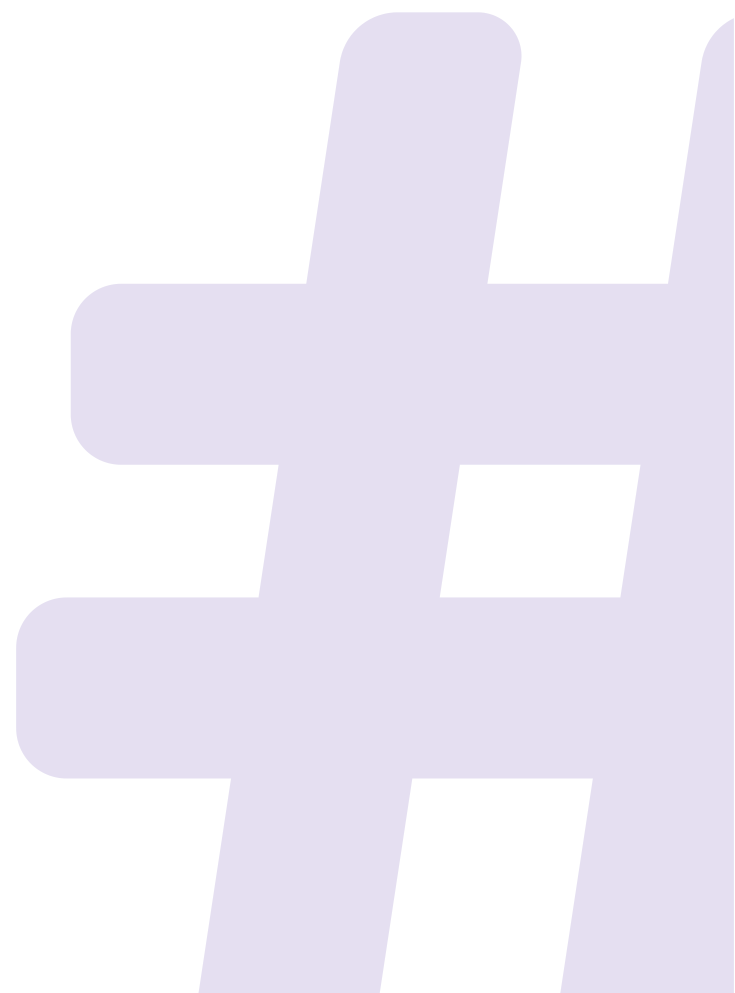


# OTHER AREAS:

(BANGLADESH, KENYA, TUNISIA, IRAQ)



- **Bangladesh:** Delivered **634 packages** to **3,417 beneficiaries** in the Rohingya refugee camp located in Cox's Bazar.
- **Kenya:** Successfully delivered **680 food baskets** to Mulanjo within **48 hours**.
- **Tunisia:** **1,130 food parcels** distributed across several governorates.
- **Iraq:** Launch of the "**Feed the Fasting**" project in the provinces of Anbar and Baghdad.
- **Somalia:** At the Daynile camp, our team successfully distributed food parcels to **303 households**.
  - **Monday Feb 23:** A second Grand Iftar brought together **1,000 more beneficiaries** in the district camps.



# IN-DEPTH IMPACT BY COUNTRY



## ▶ GAZA (Palestine)

Number of Beneficiaries is **150,827 People**

### Details:

A **total of 150,167 hot meals** have been served in the most critical areas (North, Khan Younis, Ramal).

Additionally, **133 families (comprising 660 individuals)** from the Jedar Al Motahben camp have received food packages containing **20 essential items**.

## ▶ SOUDAN

Number of Beneficiaries: **27,386 people**

### Details:

A tremendous effort in El Obeid led to the serving of **26,500 meals** during the first Grand Iftar, surpassing the set goals. In Gedarif, **886 vulnerable people**, including displaced individuals and those with disabilities, received essential supply packages.

## ▶ TUNISIE

Number of Beneficiaries: **1,130 people**

### Details:

Strategic distribution of **1,130 food parcels** in the following governorates:

- **Ariana: 320**
- **Tunis: 254**
- **Zaghuan: 200**
- **Bizerte: 156**
- **Soukra: 100**
- **Al Manzah: 100**

## ▶ PAKISTAN

### Number of Beneficiaries:

- **3,000** individuals (meals) and **1,600 families** (food packages).

### Details:

- Three “Grand Iftars” were held, each gathering **1,000 people** in Basti Emaan, Liaqatpur, and Dadu.

Simultaneously, **1,600 families received complete food packages** distributed across the country, including Faisalabad, Kashmir, Lahore, and more.

## ▶ BANGLADESH

### Beneficiary Information

- Number of beneficiaries: **3,417 individuals**.

### Details:

Distribution of **634 food packages** in **Camp 6 of Cox's Bazar**, which included rice, dried fish, and dates to meet the nutritional needs for the month.

## ▶ SOMALIE

**Number of beneficiaries: 1000 people**

### Details:

Organization of a **large community Iftar** in the Kahda district, aiming to support the most vulnerable populations.





## ▶ **SENEGAL**

**Number of Beneficiaries:** a total of **770 families** targeted.

**Details:**

On February 18, **370 food packages** were distributed in Rufisque to support widows and struggling households. Each pack includes staple products (rice, oil, sugar) to ensure supply for the entire month of Ramadan.

## ▶ **Lebanon**

**Number of beneficiaries:** **Thousands** of vulnerable families.

**Details:**

Packaging Sessions for **“Feeding the Fasters”**

Join us for packaging sessions in Saïda, Tubaya, and Chehim from **February 10 to 16**. These “Feeding the Fasters” packages ensure nutritious meals and uphold the dignity of families during the holy month.

## ▶ **KENYA**

**Number of recipients:** **680 people**

**Details:**

Distribution of **680 food baskets** in the village of Mulanjo to support local communities in need.

▶ **YEMEN**

**Number of beneficiaries: 278 families.**

**Details:**

Distribution of **"Feed the Fasters"** packages in the Abyan governorate, with a particular focus on orphans and households displaced due to the conflict.

▶ **SYRIA / IRAQ / MOROCCO**

**Number of Beneficiaries:**

Approximately **2,000 families** (estimated).

**Details:**

Successful launch of food parcel distribution programs in Syria (Northwest), Iraq (Anbar and Baghdad), and Morocco (Al Haouz) to ensure a peaceful start to Ramadan.



