



RAMADAN IN ACTION

Your generosity keeps our work going

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OVERVIEW OF THE SECOND 10 DAYS



As the second ten days—the days of *maghfirah* (forgiveness)—begin, we ramped up our efforts to meet **urgent needs on the ground**. From **lifesaving assistance in Gaza** to supporting displaced families in Lebanon and Syria, your donations are being transformed into **vital aid**. In Sudan, where hunger is widespread, and in Senegal and Pakistan, where inflation is driving hardship, our teams are intensifying their efforts to ensure that families can **observe Ramadan with dignity**. Together, let's ensure that no one is left behind.

GLOBAL KEY FIGURES (MARCH 1-10):



TOTAL NUMBER OF DIRECT BENEFICIARIES:

More than 862,000 people assisted globally in 2026.



NUMBER OF HOT MEALS (IFTARS & EMERGENCIES):

368,620 meals distributed across the countries we work in.



FOOD PARCELS (FAMILY PACKS):

4,490 food parcels distributed for one month of sustenance.

COUNTRY SPOTLIGHT: GAZA (PALESTINE)

Despite the ceasefire, the situation remains critical. Our response has focused on preserving dignity during Ramadan.

HOT MEALS

More than **115,800** meals served between March 1 and 8 across Central Gaza, Khan Younis, Gaza City, and northern Gaza (Rimal).

For many families, these **hot meals** represent the only substantial source of nutrition available each day.

FOOD PARCELS

Distribution of **230 family food parcels** as part of the “Feed the Fasting” initiative.

Each parcel contains essential staples such as olive oil, rice, flour, dates, and other Ramadan items designed to support families over a longer period.

COMMUNITY ACTION

A **Grand Iftar** was organized in Central Gaza, helping to restore a sense of unity and compassion amidst immense suffering. Another Grand Iftar was held in Khan Younis on March 9.



COUNTRY SPOTLIGHT: SUDAN

Sudan is currently facing the largest hunger crisis in the world, with 21 million people experiencing food insecurity.

GRAND IFTARS

In El Obeid, our team organized **7 Grand Iftars** across two major displacement camp sites, **servicing more than 180,000 Ramadan meals.**

Each gathering distributed over **25,000 meals**, including about 15,500 at a major collective shelter site, and about 11,000 at the Khour Tagat site.

FOOD PARCELS & HOT MEALS

In Gedaref, our team has distributed **1,500 hot meals daily** to families living in displacement camps. We also distributed **food parcels to 2,440 families.**

THIS WEEK'S UPDATE

This week, Human Appeal passed the milestone of 862,000 people reached with our aid in 2026.



COUNTRY SPOTLIGHT:

LEBANON

We launched an immediate emergency response following the military escalation that began this month.

HOT MEALS

More than **2,790 meals** were served between March 5 and 7. The operation took place daily across three major distribution centers:

- Hikmat al Sabbagh
- Al Omaniya School
- Amjad Vocational Center

REFUGEE SUPPORT

Amid significant uncertainty, this initiative ensured that nearly **2,800 people** living in extreme hardship received at least one full and nutritious meal per day.

EMERGENCY RECEPTION CENTERS

Emergency centers were opened in Saida (on March 4) and at the Nahr el-Bared camp (on March 5).

SURVIVAL KITS

Large-scale distributions of mattresses, blankets, and hygiene kits were carried out for **thousands of refugee families** sheltering in schools across Beirut.



COUNTRY SPOTLIGHT: PAKISTAN

We focused on rural communities and areas heavily affected by inflation.

HOT MEALS

More than **41,000 meals** are set to be distributed throughout the month.

Daily distributions include **nutritious meals** (chicken biryani, salads, fresh fruit) in:

- Bagh – **300 meals** per day
- Tarlai, Islamabad – **150 meals** per day at the Panahgah shelter center

GRAND IFTARS

A **fourth Grand Iftar** was organized in Islamabad, bringing together 600 people for a communal evening meal.

FIDYA & KAFFARA

Targeted support for daily wage laborers and people experiencing homelessness through a dedicated campaign, often providing their only complete meal of the day.



COUNTRY SPOTLIGHT:

SYRIA

A dual strategy is being implemented to support internally displaced populations while responding to incoming refugees.

HOT MEALS

More than **3,000 meals** have already been distributed in Homs and Idlib. Each meal is nutritionally balanced and includes rice and chicken, fresh fruit, and beverages.

- March 3: **200 hot meals** distributed to widows and orphans in camps in Qah and Sarmada, northern rural Idlib.
- March 4: meals **distributed to 509 families** across 10 camps in Idlib, Sarmada, Killi, and Qah.
- March 5: meals **distributed to 525 families** across 10 camps in Idlib, Sarmada, Killi, and Qah.

GRAND IFTARS

To date, we have served **more than 3,500 beneficiaries**. During the most recent iftar in Homs, 400 complete meals were distributed to residents of a retirement home.



LOGISTICS:

ADAPTING TO CHANGE

To respond to specific needs and adverse weather conditions:

- **Mosque-based iftars** for men and children, providing shelter from the cold
- **Iftars in retirement homes** and camps
- **Home delivery** for women, ensuring safety, dignity, and direct access to food

BORDER RESPONSE

Emergency assistance provided to over **50,000 people** who have crossed the Lebanese-Syrian border since the end of February.

Distribution of relief kits to Palestinian refugees, including:

400 displaced Palestinian families living in the Handarat camp in Aleppo, and **400 displaced Palestinian families** living in the **Haifa Al-Karmel camp** in the Killi region (Idlib).



COUNTRY SPOTLIGHT:

MOROCCO



Supporting isolated families and vulnerable populations through complete food parcels and traditional meals.

HOT MEALS & COMMUNITY IFTARS

In Tangier, ongoing support is being provided to **families of orphans**. A special event brought together more than **200 people each evening** around a full traditional meal (Harira, Briouates, Rghifa, Chebakia, etc.). To date, we have served **1,400 beneficiaries** as part of these community iftar events.

FOOD PARCELS

Distribution of 100 family food parcels (50 in Mirleft and 50 in Tiznit). Each parcel is designed to cover the needs of suhoor and iftar with **13 essential items**:

- Staples: flour, rice, oil, lentils, chickpeas
- Traditional Ramadan items: dates, honey, vermicelli, tomato paste (for Harira)

COUNTRY SPOTLIGHT:

YEMEN



Emergency food assistance is being provided to help stabilize households amid a prolonged humanitarian crisis.

HOT MEALS (TAIZ)

In Aden Governorate, the team carried out six days of meal distributions, providing **6,883 iftar meals** to individuals in highly vulnerable situations.

These meals represent a vital bridge toward food security in a context where public services have largely collapsed.

OVERALL TARGET

The operation continues with a goal of **21,212 meals distributed across Taiz Governorate**, ensuring that the spirit of mercy embodied in Ramadan reaches those most in need.



COUNTRY SPOTLIGHT:

TANZANIA

In the Mbeya region, the response has focused on supporting the most vulnerable households affected by rising food prices.

HOT MEALS

In just two days, **8,071 freshly cooked meals** were distributed. This emergency initiative enabled families living below the poverty line to **break their fast with dignity and proper nutrition.**

FOOD PARCELS

Distribution of **960 complete family food parcels.** These provisions enable families to prepare suhoor and iftar with peace of mind throughout the month, alleviating their financial burden.



COUNTRY SPOTLIGHT:

IRAQ



At the Akre camp (Duhok), we are supporting refugee families facing persistent food insecurity.

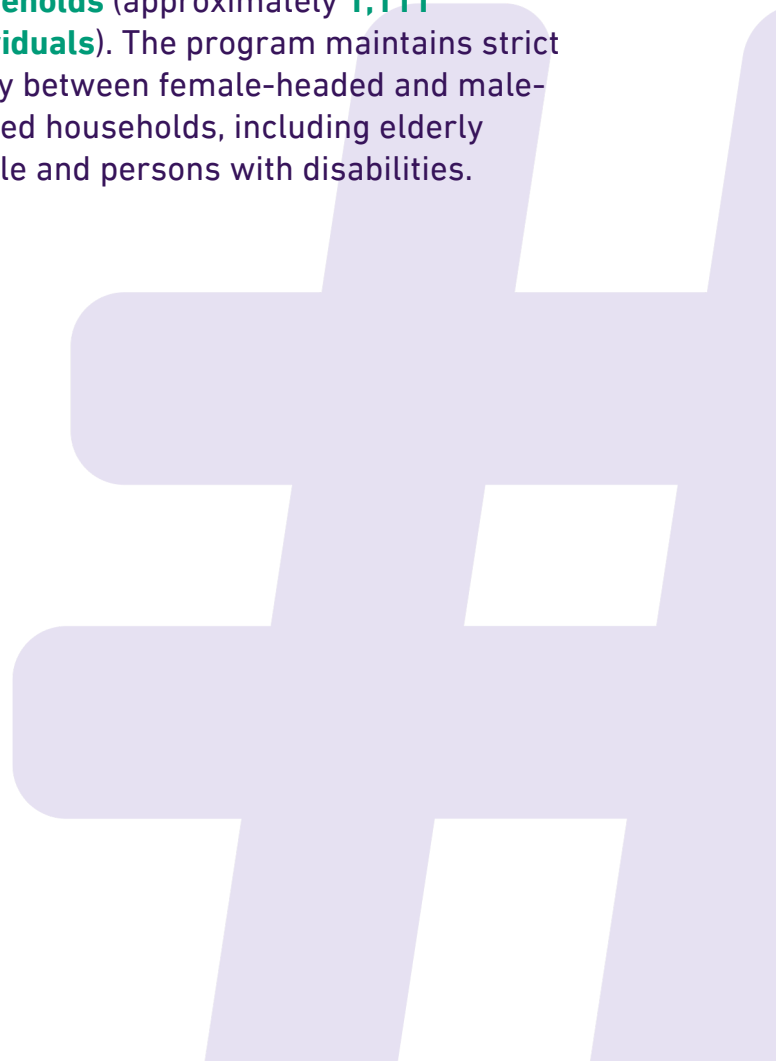
HOT MEALS - AKRE CAMP

A total of **6,666 meals** were distributed over a period of three days. Each beneficiary received **two hot meals per day**, ensuring full nutritional support.

Meals are prepared directly in camp kitchens to guarantee freshness and quality.

PRIORITY TARGETING

Direct support was provided to **212 households** (approximately **1,111 individuals**). The program maintains strict parity between female-headed and male-headed households, including elderly people and persons with disabilities.



IMPACT DETAILS BY COUNTRY



▶ GAZA

Number of beneficiaries: 119,421 people.

Details: In response to extreme food insecurity in early March, 115,792 hot meals were distributed (in Northern Gaza, Khan Younis, Gaza City, and Central Gaza). This intervention also included the provision of 230 family food parcels in Central Gaza and the organization of a community iftar for 2,525 people.

▶ LEBANON

Number of beneficiaries: 2,790 people.

Details: In response to growing food insecurity, 2,790 hot meals were distributed in early March. Operations focused on three locations: Hikmat al Sabbagh, Al Omaniya School, and Amjad Vocational Center, providing both nutritional support and essential psychosocial support to displaced families.

▶ PAKISTAN

Number of beneficiaries: 1,050+ people.

Details: A Grand Iftar was organized for 600 people in Islamabad. In parallel, 450 hot meals are being distributed daily in Bagh and Tarlai, targeting daily wage workers and people experiencing homelessness, particularly through the Fidya & Kaffara campaign.

▶ SUDAN

Number of beneficiaries: 192,000 people.

Details: Emergency food assistance was deployed in response to severe food insecurity. This included **180,000 meals** served during **7 Grand Iftars** in El Obeid displacement camps. In Gedaref, the intervention also provided 1,500 hot meals daily and food parcels for 2,400 vulnerable families.

▶ SYRIA

Number of beneficiaries: 3,000+ people.

Details: The Grand Iftar campaign in Homs and Idlib enabled the distribution of **over 3,000 complete meals** to displaced families. A tailored logistical framework was established, featuring meals served in mosques for men and children, alongside home deliveries for women, to ensure protection and dignity in the face of adverse weather conditions.

▶ MOROCCO

Number of beneficiaries: 600+ people.

Details: **100 emergency food parcels** were distributed in Mirleft and Tiznit to secure families' food needs throughout the month. In Tangier, support focused on orphans and widows, including daily hot meals and a large community iftar to strengthen community social bonds.





▶ TANZANIA

Number of beneficiaries: 960+ families (and 8,000+ meals distributed).

Details: Support for vulnerable households in Mbeya impacted by inflation. Distribution of **8,071 hot meals** over two days, as well as **960 complete family food parcels** covering all dietary needs for the month (suhor and iftar).

▶ YEMEN

Number of beneficiaries: 1,512 people (per distribution day).

Details: Emergency assistance deployed in Taiz, where more than 18 million people face acute hunger. On the 12th day of Ramadan, the intervention provided **1,512 hot meals to 378 vulnerable families**.

The overall project **aims to distribute 21,212 meals** by the end of the month to offset the collapse of local food systems.

▶ IRAQ

Number of beneficiaries: 1,111 people.

Details: Implementation of an intensive nutrition program at the Akre camp (Duhok). The intervention provided **6,666 hot meals** over three days to **212 refugee families**. Each family received complete meals (rice, chicken, dairy products) prepared daily on site to ensure dignity and adequate nutrition for the most vulnerable.

CRISIS RESPONSE KEY FIGURES

1



546,110

Hot meals
distributed.

2



862,000

Direct
beneficiaries.



8,990

Food parcels
distributed.



34

Grand Iftars
organized

3

4

