HUMAN APPEAL 35 YEARS

GAZA



YEARS OF HUMANITARIAN ACTION

Human Appeal: Serving communities in Gaza since 1991. Responding to the current emergency since October 2023.

RESPONSE AT A GLANCE

Since October 2023, the humanitarian crisis in Gaza has demanded an immediate and sustained response. As needs have evolved, Human Appeal has adapted alongside them, maintaining a continuous humanitarian presence across Gaza.

This report looks back at the scale and impact of that response, and how donor support has helped Human Appeal continue reaching families throughout the crisis.

200M+
LITRES OF CLEAN WATER DELIVERED

13M+
HOT MEALS DELIVERED

£51.9 MILLION
INVESTED IN HUMANITARIAN PROGRAMMES ACROSS GAZA

Behind these figures is sustained support for people facing displacement, disruption and immense hardship. The following chapters show how that support has been delivered across key areas of the response.

Figures cover Human Appeal's Gaza response from October 2023 to October 2026, unless otherwise stated.

ON THE GROUND FROM THE BEGINNING



9 OCTOBER 2023

OUR EMERGENCY DISTRIBUTIONS BEGIN

When the crisis escalated in October 2023, Human Appeal's team in Gaza mobilised rapidly to respond to the growing humanitarian needs.

On 9 October, emergency distributions of food parcels and hygiene kits began. Just days later, medical aid was provided to support healthcare services, while the response expanded to include hot meals, clean water and other essential assistance.

As needs grew, support was mobilised from both inside and outside Gaza. Human Appeal transported more than $3.6 million worth of lifesaving aid through eight planes, complementing the assistance being delivered by our local team on the ground.

Since those first days, our response has continued to evolve with the crisis – from emergency food, water and medical assistance to shelter, healthcare, education and longer-term support for children and families.



9 OCTOBER

Emergency distributions of food parcels and hygiene kits begin.



11 OCTOBER

More than **£70,000** worth of medical aid is provided to Hayfa Hospital.



16–27 OCTOBER

The response expands, including hot meals, food parcels, hygiene kits and clean water.



THE RESPONSE GROWS

Eight planes help transport more than **$3.6 million** worth of lifesaving aid.

NUTRITION & FOOD SECURITY

Food insecurity has affected families across Gaza throughout the crisis, with displacement, disrupted supply chains and damage to food infrastructure making it increasingly difficult to access essential food. Human Appeal has responded with a wide range of emergency food and nutrition support, including food parcels, hot meals, bread, flour, infant formula and seasonal assistance.



13,609,028

hot meals served



148,786

food parcels distributed



FOOD ASSISTANCE

Food parcels and hot meals have remained at the heart of Human Appeal's response throughout the crisis. Since October 2023, 148,786 food parcels and more than 13.6 million hot meals have been distributed across Gaza.

As needs evolved, the response also included staple food distributions. Across 2023 - 2026 Human Appeal distributed 32,825 bread bundles and 4,861 bags of white flour, helping families access basic food supplies amid displacement and disruption.

WHAT WAS INSIDE?

Food parcel contents varied according to availability, but included staple and nutritious foods such as:

- **Rice**
- **Pasta**
- **Oil**
- **Sugar**
- **Beans**
- **Tuna**
- **Cheese**
- **Tahini**
- **Powdered milk**
- **Tinned fruit**
- **Honey**

NUTRITION & SEASONAL FOOD SUPPORT

Alongside wider food distributions, Human Appeal provided targeted nutrition support for families facing additional needs, including 976 units of baby milk in 2025 and 543 nutrition kits in 2026.

Across Ramadan 2024, 2025 and 2026, Human Appeal distributed 17,220 Feed the Fasting parcels, served 2,161,220 hot meals and provided 32,783 Zakat al-Fitr parcels. In 2026, support also included 1,750 value vouchers.

WHAT WAS INSIDE?

Nutrition kit contents varied according to availability but included:

- **High-calcium tahini, cheese (like cottage cheese in brine)**
- **Halva**
- **Jam**
- **Vitamins & supplements**
- **Fruit syrup or juice powder**
- **Semolina**
- **Canned pineapple**

FAITH IN ACTION

RAMADAN IN GAZA

Throughout the crisis, Ramadan has remained a time of faith, community and generosity. Human Appeal's response has helped families observe the holy month despite displacement, food insecurity and the disruption of everyday life.

Across Human Appeal's Ramadan responses, 2,161,220 hot meals were provided across Gaza. During Ramadan 2025, 29.6 tonnes of flour were also delivered to people living in 14 displacement camps.

During Ramadan in 2025 and 2026, 11 Grand Iftars brought 45,615 people together to break their fast, providing meat-based meals, desserts and water alongside moments of community, reflection and worship.

Support extended beyond food. Three makeshift mosques were established in central Gaza, providing spaces where displaced communities could come together for prayer.

The tradition continued during Ramadan 2026, with Grand Iftars and large-scale hot meal distributions supporting displaced families across Gaza.

In the midst of crisis, these programmes helped families not only meet essential needs, but preserve moments of faith, dignity and togetherness during the most sacred month of the year.





HEALTH & MEDICAL SUPPORT

Access to healthcare has become increasingly difficult for families across Gaza, as health facilities face severe disruption and communities are repeatedly displaced. Human Appeal's response has helped bring essential care closer to people, while also providing medical supplies to support healthcare services operating under immense pressure.





158,362

people supported through mobile and makeshift clinics

107,787

people supported through medical supply distributions

BRINGING HEALTHCARE TO COMMUNITIES

Across the response, Human Appeal's mobile and makeshift clinics have supported more than 158,000 people, helping families access essential healthcare closer to where they are living and sheltering. Medicine and medical supply distributions have also supported more than 107,000 people, helping healthcare teams continue caring for patients in extremely difficult conditions.

REHABILITATION

Human Appeal's response has also expanded to include rehabilitation support for people living with limb loss. In 2025 & 2026 alone, 107 prosthetic limbs were provided, helping people take important steps towards greater mobility and independence.



WHAT CARE WAS PROVIDED?

Mobile and makeshift clinic services included:

- **General consultations**
- **Paediatric care**
- **Gynaecology & obstetric care**
- **Chronic conditions treatment such as diabetes and high blood pressure**
- **Care for common illnesses and infections**
- **Essential medication**



WATER, SANITATION & HYGIENE

For families across Gaza, access to clean water has become a daily struggle. Displacement and disrupted sanitation services have also made it harder to maintain basic hygiene, increasing health risks for families living in already difficult conditions.



202.8 million

litres of clean water delivered



11,089

hygiene and dignity kits distributed between 2023 and 2026



CLEAN WATER

Throughout the response between 2023 to 2026, Human Appeal has delivered 202,847,460 litres of clean water across Gaza, helping families access water for drinking, cooking and washing when normal supplies have been severely disrupted.

Alongside emergency water trucking, Human Appeal's wider water response has included desalination. Its desalination plant in southern Gaza can produce 52,000 litres of clean water per hour, feeding water into the local network while also allowing tankers and families with water tanks to collect clean water.

HOW WAS CLEAN WATER PROVIDED?

- **Emergency water trucking**
- **Desalination**
- **Clean water tanks**

HYGIENE & WASTE MANAGEMENT

In addition to clean water deliveries, Human Appeal distributed 11,089 hygiene and dignity kits between 2023 and 2026, helping families care for themselves and maintain basic hygiene through displacement and difficult living conditions.

In 2025 alone, 2,151 tonnes of solid waste were managed, helping create cleaner, safer conditions for communities.



SHELTER & WINTER SUPPORT

Repeated displacement has left many families across Gaza living in tents, temporary shelters or damaged homes, often with little protection from the weather. Human Appeal has provided emergency shelter and essential items to help families create safer, more dignified living conditions wherever they have been forced to settle.





12,431

12,431 winter clothing items provided from 2023 to 2026

1,224

tents distributed between 2023 and 2025

EMERGENCY SHELTER

Since 2023, Human Appeal has distributed 1,224 tents to families facing displacement. Across 2024 and 2025, three shelter camps established 1,284 people, giving families somewhere safer to stay during periods of upheaval.

SHELTER SUPPORT INCLUDED

- **Tents**
- **Mattresses**
- **Blankets**
- **Bedding kits**
- **Firewood**



TOWARDS SAFER, MORE STABLE SHELTER

Where possible, support has helped families move beyond temporary shelter. In 2025, Human Appeal rehabilitated three damaged homes for 18 people and provided a prefabricated caravan supporting six people, helping families move towards safer and more stable living conditions.

THROUGH THE WINTER MONTHS

Cold weather brings additional hardship for families living in temporary or inadequate shelter. From 2023 to 2026, 12,431 winter clothing items and 4,123 winter vouchers were provided to help families prepare for colder conditions. Support also included 10,245 blankets, 1,208 bedding kits and, in 2025, 205 tonnes of firewood.



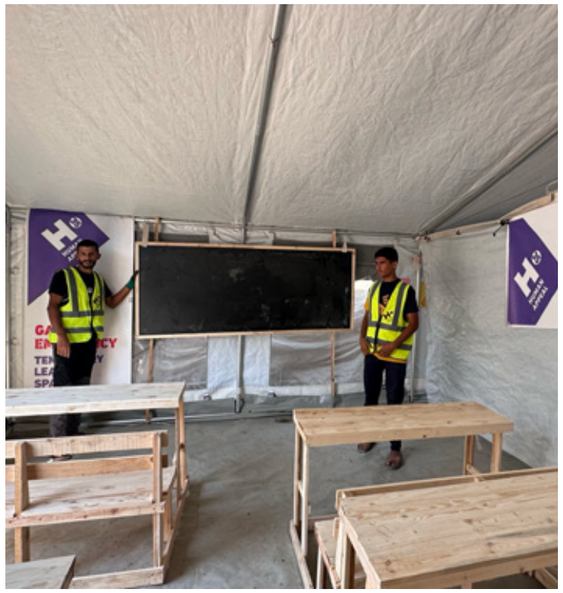
SUPPORTING COMMUNITY AND FAITH

For displaced families, having a place to pray and come together can offer a sense of comfort and continuity during upheaval. Across 2024 and 2025, Human Appeal built nine makeshift masjids, supporting 10,650 people and helping communities maintain access to spaces for worship and connection.

EDUCATION & CHILD SUPPORT



For children in Gaza, displacement has meant losing not only homes, but also classrooms, routines and safe spaces to learn. Human Appeal helped children continue their education despite the disruption around them.



29,570+

orphaned children in Gaza are currently supported through Human Appeal's sponsorship programme.

4 makeshift schools

established, supporting 2,400 people

SUPPORTING ORPHANED CHILDREN

Human Appeal supports more than 29,570 sponsored orphans in Gaza, providing ongoing support to children and families facing extraordinary uncertainty. Sponsorship can help families meet essential needs while giving children greater stability and the opportunity to continue their education.

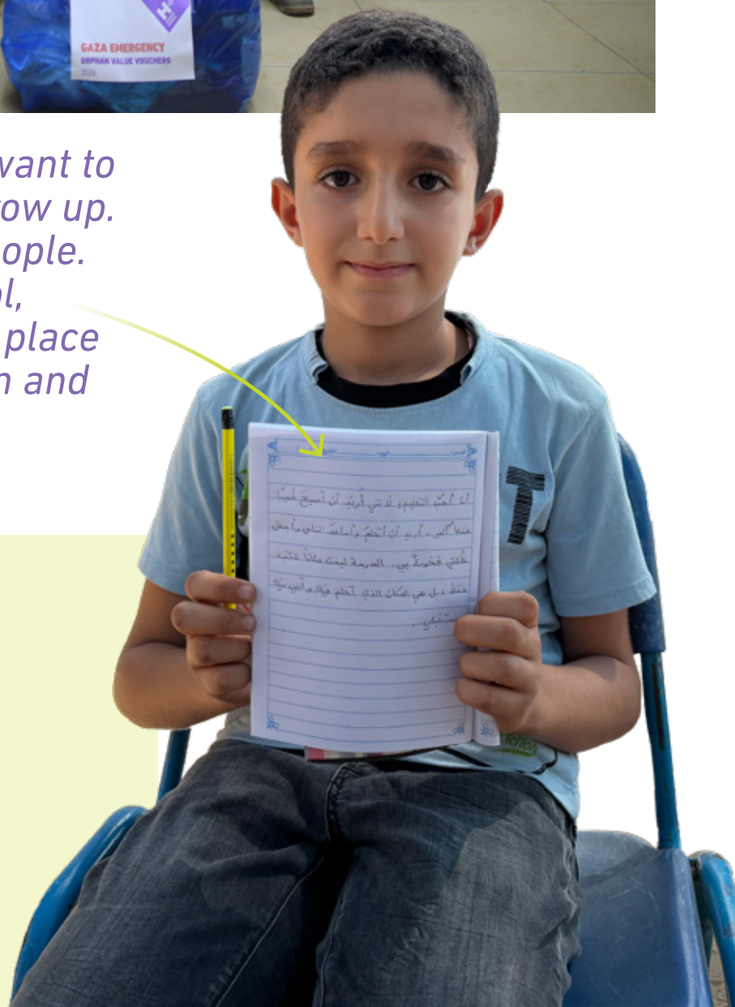
KEEPING CHILDREN LEARNING

Four makeshift schools gave 2,400 people a space to learn, while 1,093 back-to-school kits helped children return to lessons with the essentials they needed. Classroom furniture also helped turn temporary spaces into places where children could study, learn and regain some sense of routine despite displacement.



"I love learning because I want to become a doctor when I grow up. I want to learn and help people. My dream is to go to school, because school isn't just a place for books, it's where I learn and build my future."

Sponsored Orphaned Child



SUPPORTING CHILDREN

- **Makeshift schools**
- **Back-to-school kits**
- **Classroom furniture**
- **Orphan sponsorship**

IMPACT STORY *Rasha, Gaza*

Rasha from Gaza was just two years old when her father was tragically killed in an airstrike in 2014. For many years, orphan sponsorship has provided her family with vital support and greater stability.

Rasha's mother says, "When the sponsorship began, we felt hope return. The children could continue their education, and we lived with dignity."

After the current escalation began, the family was displaced four times, with schools destroyed and prices rising beyond reach, shaking even the fragile stability they had rebuilt.

"Every day is filled with fear and exhaustion. But the sponsorship eased a great burden; it made us feel we are not alone."

With sponsorship support, Rasha is now able to continue her education through online learning, bringing comfort to her mother and renewed hope for the future.

"WHAT MAKES ME HAPPY, EVEN IN THESE HARD DAYS, IS SEEING MY CHILDREN SAFE AND SMILING DESPITE EVERYTHING." *Rasha's mother*



LOOKING AHEAD

Three years on, families across Gaza continue to face displacement, disrupted access to essential services and uncertainty about what comes next.

Human Appeal's support has continued to evolve as needs have changed, from emergency food, clean water and healthcare to shelter, education and long-term support for orphaned children and their families.

The need continues, and so does our commitment. With your support, we can continue standing with families in Gaza through the months and years ahead.



THREE YEARS ON. STILL STANDING WITH GAZA.



Human Appeal,
Pennine House,
Carrs Road, Cheadle,
Cheshire,
SK8 2BL,
UK

humanappeal.org.uk
customercare@humanappeal.org.uk
T: +44 (0) 161 225 0225

INVESTORS IN PEOPLE
We invest in people Silver

Registered with FUNDRAISING REGULATOR

OVER 35 YEARS · 35 · OF TRUST

Follow us on Socials
HumanAppeal.UK
@humanappeal
@humanappealint
@humanappealuk
HumanAppeal
Human Appeal

Human Appeal is a registered charity in England and Wales (1154288) and Scotland (SC046481). Company No. 08553893.